

Impact Update

Strengthening Sexual and Reproductive Health Research Across Ghana

Our Commitment to Evidence, Accountability and Better Healthcare

At One Love Sisters Ghana, we believe that meaningful change begins with listening to communities.

Over the past year, we have continued investing in community-led research to better understand the realities people face when accessing Sexual and Reproductive Health and Rights (SRHR) services across Ghana. The evidence we generate is helping shape programmes, strengthen advocacy, and contribute to more responsive healthcare systems.

Where We Are Today

Phase One Completed

We successfully completed our first research phase across **five regions of Ghana**, documenting community experiences related to:

- Sexual and reproductive health services
- HIV prevention
- Sexually transmitted infections (STIs)
- Cervical cancer screening
- Health-seeking behaviours
- Access to confidential and respectful healthcare

Phase Two Underway

We are currently collecting data in **five additional regions**, bringing our national coverage to **10 out of Ghana's 16 regions**.

Once this phase is complete, only **six regions** will remain before we achieve our goal of producing Ghana's **first national community-led report on SRHR and STI access and outcomes**.

What Communities Told Us

Across the first five regions, several issues consistently emerged.

Communities continue to experience

- Limited access to quality SRHR services
- Low uptake of HIV prevention services such as PrEP and PEP
- Low cervical cancer screening rates
- Persistent misinformation surrounding sexual and reproductive health
- Financial barriers that prevent access to healthcare
- Stigma and discrimination when seeking services
- A strong demand for confidential, respectful, and community-responsive healthcare

These findings reinforce what many communities have long known: access to healthcare is influenced not only by the availability of services but also by trust, affordability, dignity, and accurate information.

Why This Matters

Research is more than collecting data.

Every conversation held with community members helps us better understand barriers, identify solutions, and advocate for stronger health systems that respond to real needs.

The evidence generated through this initiative will support:

- Better community health programmes
- Stronger advocacy
- Improved service delivery
- Evidence-informed policy discussions
- Future investments in community health

Looking Ahead

By the end of the current research phase, we will have collected evidence from **10 regions across Ghana**.

Our next milestone is to complete research in the remaining **six regions**, allowing us to publish a comprehensive national report that reflects the diverse realities of communities across the country.

This report will become an important resource for policymakers, healthcare providers, researchers, civil society organisations, and development partners working to strengthen sexual and reproductive healthcare in Ghana.

Thank You

This work has only been possible because of the trust communities continue to place in us.

To every participant who shared their experiences...

To every research assistant who travelled to communities...

To every partner and supporter who believed in this work...

Thank you.

Your voices are helping shape a healthier, more equitable future.

Join Us in Completing the Journey

We are now **six regions away** from producing Ghana's first national community-led report on SRHR and STI access.

We welcome collaboration from:

- Development partners
- Donors
- Philanthropic foundations
- Academic institutions
- Researchers
- Healthcare organisations
- Government agencies

Together, we can ensure that future health policies and programmes are informed by evidence generated directly from communities.

Progress at a Glance

Milestone		Status
Regions completed:	5	
Regions currently being researched:	5	◆◆◆
Total regions covered after Phase Two:	10 of 16	
Regions remaining:	6	
Goal	National Community-Led SRHR & STI Report	

Milestone

for Ghana

Status