

Impact Report Update

Listening. Learning. Driving Change.

Understanding the Lived Experiences of Marginalized Muslim Communities in Ghana

At One Love Sisters Ghana, accountability begins with listening.

Over the past year, we have worked alongside communities to better understand the lived realities of marginalized Muslims across Ghana. Through a community-led research initiative, we sought to amplify voices that are often unheard and generate evidence that can shape more inclusive policies, stronger support systems, and responsive community programmes.

What We Achieved

• 3 Regions Covered

- Greater Accra
- Central Region
- Northern Region

• 241 Community Members Participated

Participants generously shared their lived experiences, perspectives, and recommendations, helping us build one of the first community-led evidence bases focused on wellbeing, safety, inclusion, and access to support services within marginalized Muslim communities.

This research was made possible through the trust, courage, and openness of every participant who chose to share their story.

What We Learned

The research revealed several recurring challenges experienced across the three regions.

Communities highlighted:

- Persistent stigma and discrimination.
- Poor mental health outcomes driven by rejection and social exclusion.
- Limited access to safe spaces and support services.

- Economic vulnerability affecting wellbeing and opportunities.
- The importance of trusted peer networks and community support.
- Continued resilience, hope, and commitment to faith despite adversity.

These findings reinforce the need for community-driven solutions that prioritize dignity, inclusion, mental wellbeing, and equitable access to services.

Why This Matters

Every story shared contributes to a stronger understanding of the realities communities face.

This research is already helping to:

- Strengthen our community programmes.
- Inform advocacy and policy engagement.
- Guide future mental health and protection interventions.
- Improve referral pathways and community support systems.
- Build evidence for more inclusive and responsive programming.

Evidence generated by communities creates better solutions for communities.

Our Progress

Phase One Complete

- **3 Regions**
- **241 Participants**
- Community-led data collected and analysed
- Policy recommendations developed

Next Step

Our vision extends beyond these three regions.

We are working toward conducting research in **all sixteen regions of Ghana** to produce the country's first **national community-led report** on the lived experiences, wellbeing, protection, and inclusion of marginalized Muslim communities.

A national evidence base will strengthen advocacy, improve programming, and support evidence-informed decision-making across sectors.

Community Voices Matter

Every participant who trusted us with their experiences has helped create knowledge that can contribute to stronger communities.

This report belongs not only to One Love Sisters Ghana—but to every individual who chose to speak, every researcher who listened, and every community member who believes that lived experiences should inform meaningful change.

We remain committed to protecting confidentiality, amplifying community perspectives, and ensuring that research translates into action.

Looking Forward

Our journey is far from over.

The next phase will focus on expanding this research to additional regions, ensuring that communities across Ghana are represented in a comprehensive national evidence report.

This work will strengthen:

- Community-led advocacy
- Mental health programming
- Protection systems
- Research and knowledge generation
- Inclusive policy dialogue
- Partnerships that respond to community priorities

Thank You

To the **241 participants**, community leaders, researchers, volunteers, partners, and supporters—

Thank you.

Your trust, courage, and commitment are helping build a future where community voices shape policies, programmes, and investments that improve lives.

Together, we are transforming lived experiences into evidence—and evidence into action.

Community Accountability at a Glance

Impact		Progress
Regions Covered	3	
Participants Engaged	241	
Community-Led Research	Completed	
Evidence Report Produced	Yes	
Policy Brief Developed	Yes	
Next Goal	National research across all 16 regions	