

Human Rights and Social Inclusion Research

Generating Evidence to Advance Dignity, Equity, and Inclusive Development

At One Love Sisters Ghana (OLS), research is central to our mission of strengthening community wellbeing, informing policy, and promoting inclusive development. We believe that sustainable solutions must be grounded in the lived experiences of the communities they are designed to serve.

Through community-led and participatory research, we generate evidence that highlights barriers to human rights, social inclusion, health, protection, and access to essential services. Our findings help inform policies, strengthen programmes, support advocacy, and contribute to evidence-based decision-making at local, national, and international levels.

Our Research Focus

Our research explores issues affecting underserved and marginalized communities, including:

- Human rights and social inclusion
- Sexual and reproductive health and rights (SRHR)
- Gender-based violence and community protection
- Mental health and psychosocial wellbeing
- Healthcare access and health equity
- Community resilience and social protection
- Civic participation and community accountability
- Public policy and service delivery

Our Approach

OLS uses community-led, ethical, and participatory research methodologies that place community members at the centre of evidence generation.

Our research combines quantitative and qualitative methods to:

- Document lived experiences.
- Identify barriers to accessing services.
- Assess community needs and priorities.
- Generate practical recommendations.
- Strengthen community ownership of evidence.
- Promote accountability and informed decision-making.

We are committed to conducting research that upholds confidentiality, informed consent, dignity, and the highest ethical standards.

Why Our Research Matters

Reliable evidence strengthens communities.

Our research contributes to:

- Better public policies.
- Stronger community programmes.
- Improved healthcare and protection services.
- Increased investment in underserved communities.
- Evidence-informed advocacy.
- Greater accountability among institutions and service providers.

By documenting community experiences, we help ensure that development priorities reflect the realities and aspirations of the people most affected.

Current Research Initiatives

OLS is currently leading several community-led research initiatives across Ghana, including:

- Sexual and Reproductive Health and Rights (SRHR) access and outcomes.
- Healthcare access and STI prevention.
- Community wellbeing and mental health.
- Human rights, protection, and social inclusion.
- Gender-based violence prevention and response.

These studies contribute to a growing body of evidence that supports equitable and inclusive development.

Research to Action

Our work does not end with data collection.

Every research project is designed to translate evidence into action through:

- Policy briefs.
- Community feedback sessions.
- Stakeholder dialogues.
- Programme design and improvement.
- Capacity strengthening.
- Public education and awareness.
- Strategic advocacy.

By sharing research findings with communities, institutions, and partners, we promote transparency, accountability, and collaborative problem-solving.